# 7.2.1 - Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

# **Best Practice -1**

## 1. Title of the practice

Skill Enhancement Initiatives

# 2. Objectives of the practice

- Training the young minds with the skill sets to make them a major driving force for technology innovation and economic development.
- Helping students to encourage their interest, aptitude and potentials.
- Guidance for choice of appropriate courses and future carrier.
- Maximising their potentialities and boosting self-confidence.
- Provide training in various traits that are in high demand in society and have good job prospects.

Courses offered

- Public speaking and leadership skills
- o Make up and hair styles
- Nutrition, exercise and health
- Retail management and entrepreneurship skills
- textile printing
- Basic computer skills

#### 3. The context

The main objectives of the course was to familiarise participants with emerging ideas and trends on how to develop personality in the 21st century context. The course also aimed to teach students to work with various professionals, people and groups to understand the meaning of life and work in the present context to enhance their communication skills and interpersonal skills in order to function in professional and social setting effectively.

#### 4. The Practice

The inaugural ceremony was graced by the presence of Head of the institution, Guru Nanak national College for women, Nakodar. She inaugurated the programme with a speech focusing on personality on the importance of work shop like personality development and motivational the new academicians to grab this kind of opportunities. The course highlighted the aim and objective of the program, she mentioned different aspects of personality and

how participants would be benefited from this kind of courses.

# **Best Practice-2**

## 1. Title of the Practice

• Swacchta hi sewa hai

# 2. Aims & objectives of the practice

- Elimination
- To make people aware of healthy sanitisation
- Behavioural change practice
- Improvement in quality of life

## 3. The context

The initiative started to ensure cleaning NSS and eliminate defection. Its mission is to improve rural sanitisation by adopting solid and liquid waste management operations.

## 4. The Practice

Swachhata hi sewa campaign graced by NCC and NSS department. In this campaign the seminar was conducted to meet people aware ramification of plastic and solid waste management. It involves making conscious choices to reduce air And noise pollution, prevent that excessive use of resources, and promote a sustainable and eco-conscious mind set among individuals.